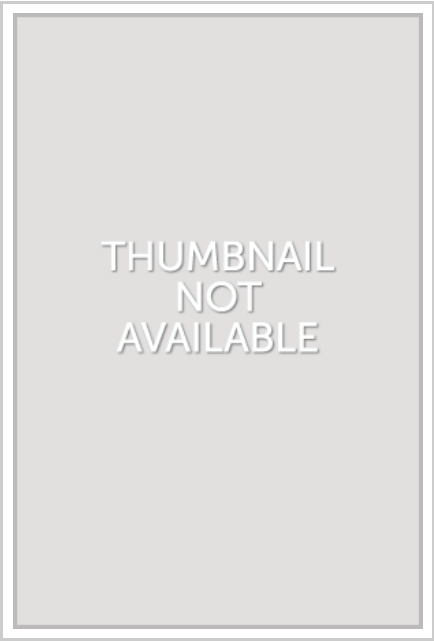


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Caffeine Addiction Gone - A Beginners Guide to Overcoming Caffeine Addiction (Paperback)

By Janelle Watkinson

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The Best Guide To Overcome Caffeine Addiction Caffeine Addiction Gone *** BONUS!: FREE Natural Remedies Report Included !! *** * * * LIMITED TIME OFFER! * * * Over 80 of Americans drink coffee or consume caffeine-infused beverages and foods. The hook of caffeine in the society is so strong that you find caffeine addiction as a normal and regular thing. The media, with various television advertisements and social networking, associated consuming caffeine-infused products as something chic and cool. They convey a subtle yet powerful message that pushes people to consume more and more caffeine and treat it as if it is a regular, if not a healthy, option.Caffeine addiction is bad for your health. It is a given. The following chapters of this book will eventually show you some of the damaging effects that caffeine does not only to your health, but also to the many facets of your life and your system. You may not know it at first, but before you succumb to the damaging effects of caffeine addiction, you need to recognize first what...

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