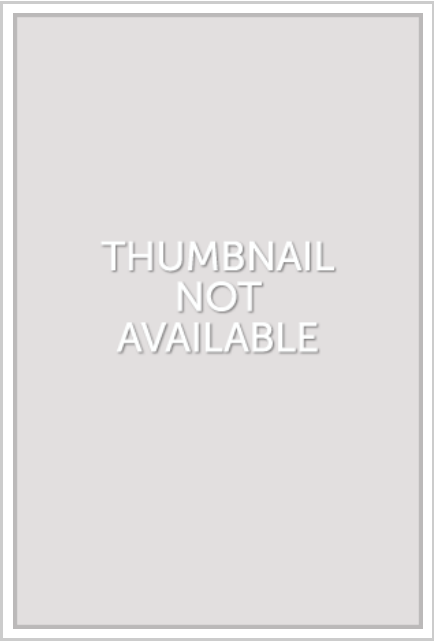


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Losses and Gains: Reflections on a Life with a Foreword by Paolo Coelho

By Lya Fett Luft, Paolo Coelho

Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, Losses and Gains: Reflections on a Life with a Foreword by Paolo Coelho, Lya Fett Luft, Paolo Coelho, In her bestselling book "Losses and Gains", Lya Luft draws on her own experiences of loss and gain in marriage and family to address the universal themes of childhood, love and maturity. She portrays love as the common thread through all phases of life. As children, the unconditional love we receive from our parents determines our expectations for all the other forms of love we experience later. And as adults, she argues, the complex task of loving another depends, initially, on self-love and self-esteem. Luft's ardent reflections on existence and the human spirit are a powerful reminder to us all: we have lost everything only when we believe we deserve less than everything still to be gained.

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