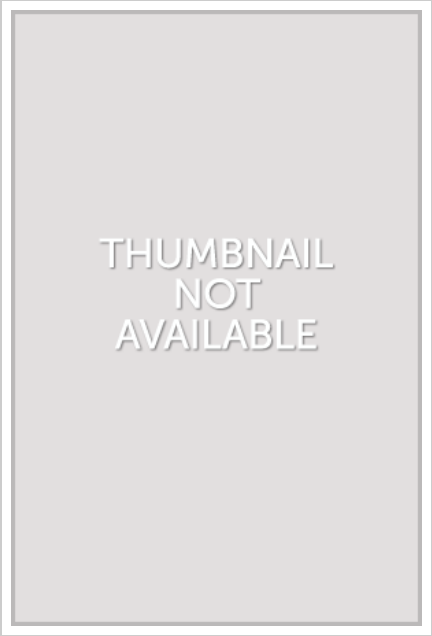


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Be Heard the First Time: The Woman s Guide to Powerful Speaking (Paperback)

By Susan D Miller

Capital Books, Incorporated,US, United States, 2006. Paperback. Book Condition: New. 208 x 140 mm. Language: English . Brand New Book. Dr. Susan Miller s passion is to empower women with effective compelling communication skills so they can articulate and achieve their goals, communicate their needs, and master the art of being heard where it counts. Be Heard the First Time is an operator s manual for oral communication and shares the seven key skills of all competent speakers, plus Dr. Miller s proven strategies for breath and pitch control. For beginners, she shows how to focus on posture, presence, comfort level, and the message itself. For the more skilled speaker, Dr. Miller provides effective strategies for combating dry mouth, retrieving words, and answering aggressive questioning when faced with a high-level public meeting or press conference. Be Heard the First Time promises to help reticent women walk, stand, or sit powerfully, even if you feel insecure; like the sound of your voice; breathe deeply and slowly when you are anxious; say the last word of a sentence without trailing off; express your opinions, desires, and experiences clearly; vary the loudness, pitch, and duration of your voice when speaking; entertain others with...

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