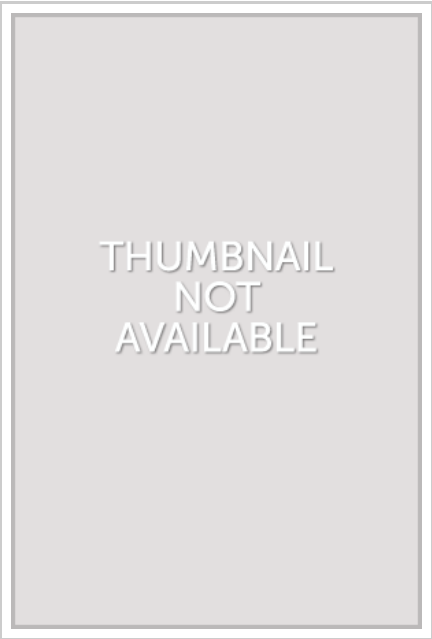


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Infant, Child and Adolescent Nutrition: A Practical Handbook

By Judy More

Taylor & Francis Ltd. Paperback. Book Condition: new. BRAND NEW, Infant, Child and Adolescent Nutrition: A Practical Handbook, Judy More, This evidence-based, practical guide provides an introduction to the theory behind child nutrition with practical advice on how to put that theory into practice, including case studies, key points, and activities to help readers learn. Divided into three sections, the chapters cover prenatal nutrition and nutrition throughout childhood from preterm babies to adolescents up to the age of 18. Section 1: Introduction to the growth, nutrients, and food groups. Section 2: Providing a balanced eating pattern for each age group, chapters include expected growth patterns, development affecting eating and drinking skills, as well as common problems such as reflux in babies, fussy eaters in the toddler years, and eating disorders and pregnancy in the teenage years. Section 3: Common problems/disorders that can occur at any stage throughout childhood such as obesity, diabetes, and food intolerances. Chapters will also cover nutritional support in the community, reflecting the increasing numbers of chronically sick children who are now managed in the primary care setting. This book is essential reading for nutrition and dietetics students, as well as student children's nurses and health and...

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