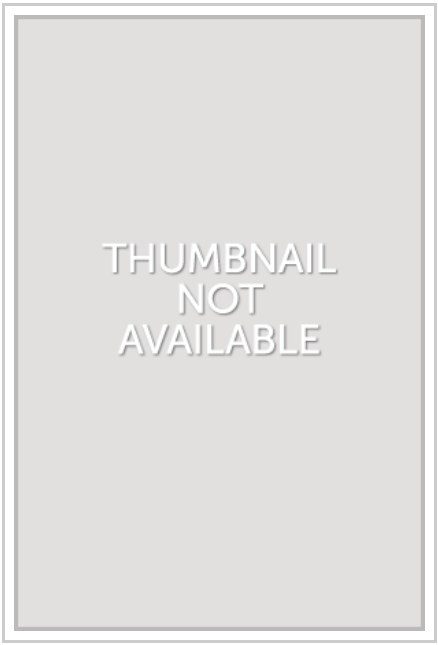


DOWNLOAD

Complete Living in Balance Collection, Core Program: Moving from a Life of Addiction to a Life of Recovery (Mixed media product)

By Jeffrey A. Hoffman, Mim J. Landry, Barry D. Caudill

Hazelden Information Educational Services, United States, 2016. Mixed media product. Book Condition: New. Revised and Updated for DSM-5. 229 x 152 mm. Language: N/A. Brand New Book. Updated to meet DMS-5 classifications, this flexible program includes the Core Curriculum, the Recovery Management Sessions, and the Co-occurring Disorders Sessions. Living in Balance draws from cognitive-behavioural, experiential, and Twelve Step approaches. Sessions can be easily customised for specific client populations or treatment tracks. Sessions 1-12 comprise the core of the program and address basic issues commonly faced by clients in early recovery. Twenty-five supplemental sessions (Sessions 13-37) include in-depth, focused topics that are easily customisable for different client populations. Also available are ten Living in Balance with Co-occurring Disorders sessions (Sessions 38-47) that integrate a client s mental health disorder into their addiction treatment program and help to bring their life into balance. All client materials are reproducible and provided on a CD-ROM, allowing you to print and use only what you need. The CD-ROM contains clinical studies, session handouts and role plays. Also included with the Core Program is an audio CD of relaxation and visualisation exercises with soothing narration and music to help clients release tension, breathe deeply, and relax...

Reviews

A brand new e book with an all new point of view. I have got read and i am sure that i am going to likely to read through once more once more in the future. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- ***Ms. Teagan Osinski III***

It in a of my personal favorite book. It is writter in easy terms and never hard to understand. Its been designed in an exceedingly easy way and it is only after i finished reading this publication by which in fact changed me, change the way i think.

-- ***Lucinda Stiedemann***