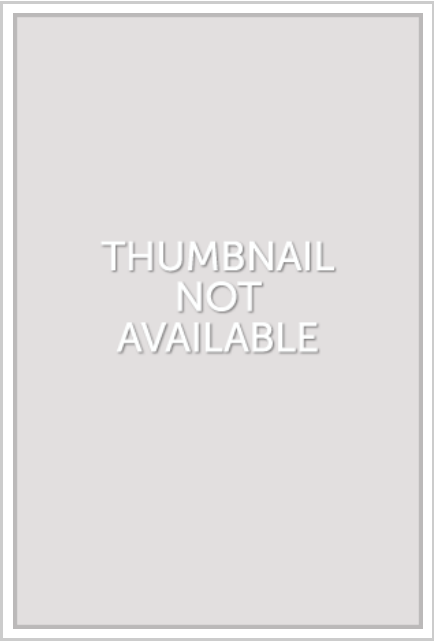


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Reducing Benzodiazepine Consumption

By Cormack, Margaret A. / Owens, R. Glynn

Book Condition: New. Publisher/Verlag: Springer, Berlin | Psychological Contributions to General Practice | Spurred by reports in 1980 detailing the ineffectiveness of long-term treatment with benzodiazepines, the authors of this volume began a study to investigate the reasons behind the addiction, quickly adopting a psychological approach to treatment. In testing the efficacy of anxiety management techniques as an alternative to benzodiazepine use, Drs. Cormack, Owen and Dewey strongly emphasize the importance of the working relationship between the general practitioner and the psychologist. Reducing Benzodiazepine Consumption offers management solutions for the clinician in treating patients suffering from addiction to these drugs. | One: Background to the Study.- Literature Review.- 1. Introduction.- 2. The Benzodiazepines.- 2.1 History of the benzodiazepines.- 2.2 Pharmacological action of the benzodiazepines.- 2.3 Different types of benzodiazepines.- 2.4 The therapeutic effect of the benzodiazepines.- a) Use as anxiolytics.- b) Use as hypnotics.- c) Benzodiazepines as therapy for depression.- d) Use of benzodiazepines in physical illness.- e) Paradoxical drug reactions.- 2.5 Effects of benzodiazepines on performance.- a) Effects in normal and anxious subjects.- b) Decrements produced by hypnotics.- c) Cognitive impairments.- d) Effects on the elderly.- 3. Prescribing.- 3.1 Trends in prescribing.- 3.2 Extent of use of the benzodiazepines.-...

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