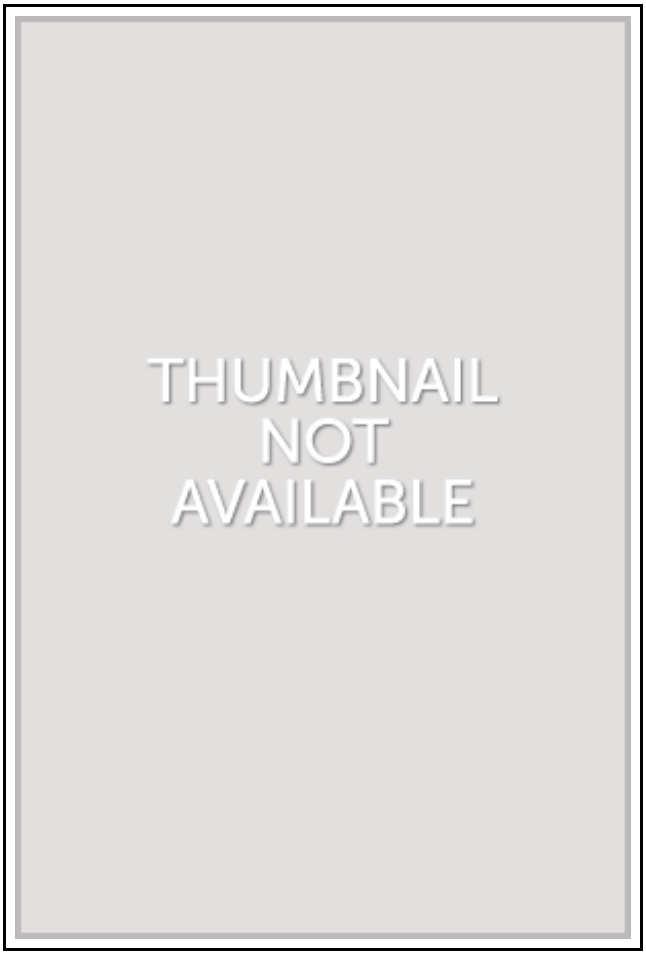
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Iconcept Press, United States, 2014. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.Cardiovascular disease is a class of diseases that involve the heart or blood vessels, such as arteries, capillaries and veins. Cardiovascular diseases remain the biggest cause of deaths worldwide, though over the last two decades, cardiovascular mortality rates have declined in many high-income countries. At the same time, cardiovascular deaths and disease have increased at a fast rate in low- and middle-income countries. The causes of cardiovascular disease are diverse but atherosclerosis and/or hypertension are the most common ones. There are totally 13 chapters in this book. Chapter 1 reviews the signs and symptoms of heat stress illnesses, and discusses a formula for heat stress evaluation, discusses guidelines for screening, reviews accommodations for those persons working or playing with physical incapacity and specific illness in hot environments. Chapter 2 shows the effects of different exercises on the cardiovascular system in elderly people. Aerobic exercise is the most known and recommended for prevention, control and treatment of cardiovascular diseases, especially, the hypertension. Yet, the resistance training with low intensity has also present satisfactory results for the hypotensive effect after exercise. Thus, the aerobic and resistance exercises may have a potential protective non-pharmacological effect and also in the associated treatment for diseases such as hypertension. Chapter 3 describes recent evidence of exercise therapy in the prevention of sarcopenia, glucocorticoid caused myopathy and in case of skeletal muscle unloading. Chapter 4 discusses the spatio-temporal evolution of simultaneously recorded voltage and calcium alternans in the heart. It also discusses whether voltage and calcium alternans can be predicted using slopes of restitution curves. Chapter 5 deals with the evaluation of the effect of storage under various conditions on the concentrations of diagnostically...

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