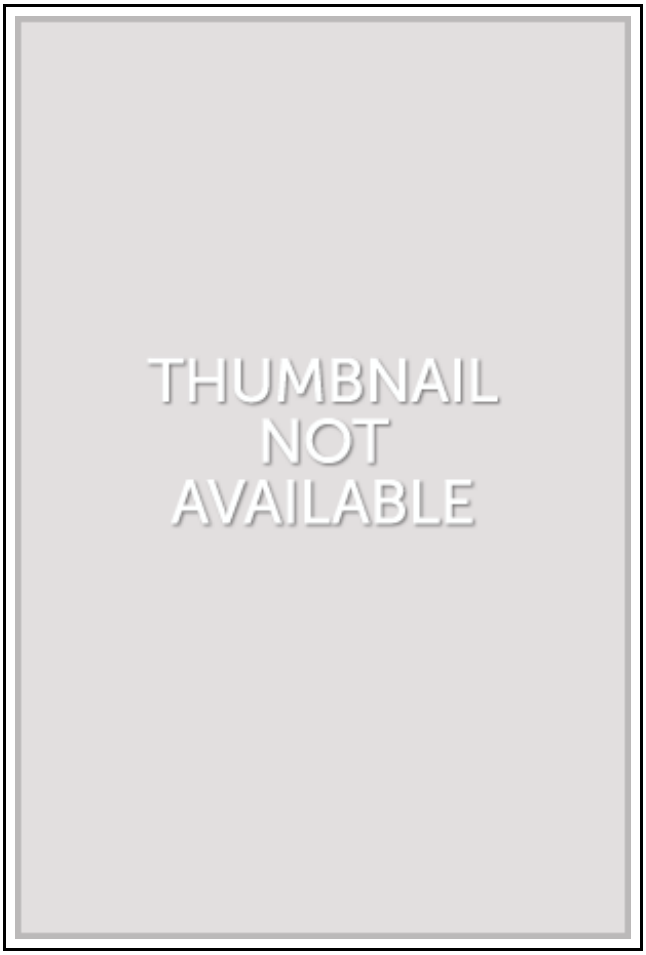
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2ND FIRE: A FRESH APPROACH TO HEALING (PAPERBACK)

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Createspace, United States, 2010. Paperback. Book Condition: New. 232 x 156 mm. Language: English . Brand New Book ***** Print on Demand *****.There are many thoughtful people, among them scientists, and medical practitioners, who are intuitively sympathetic to so-called New Age ideas, but who lack the conviction to make of it an effective, healing philosophy - using healing in the broadest sense. 2nd Fire explores a number principles or laws of Nature. These indicate that an understanding of suffering is possible and consequently that the basis for an honest, philosophically coherent and effective system of healing can emerge. The Principle of Law in Nature, for instance, asserts that natural law applies with equal rigour in all realms - physical as well as metaphysical. Since suffering is first and last a psychological (metaphysical) experience, this principle is of fundamental and reassuring importance. With it goes the Principle of Causality which asserts that all our experiences are meaningful, never random. and are therefore intelligible. An understanding of the purpose of Evolution suggests the energy of the healing process comes ultimately from acceptance of self-responsibility - don t blame mother, school, Apartheid, germs or random events, for our problems. Consequently, in the medical context the emphasis will move - as it is already doing - increasingly from physical practices to more subtle practices and therefore increasingly from external to internal strategies based on an expanding appreciation of psychosomatic principles. There are several obstructive myths to this type of thinking which are embedded in our culture and need to be discarded. They include the myth that unpleasant experiences are accidental , unlucky , tragic etc.; the myth that pain is an end in itself, even a virtue - rather than an important therapeutic message; the myth that body and mind are casually connected rather...

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